

## Aftercare Instructions

Most people have side effects from the vaccination, but these usually only last 24-48 hours after receipt of the vaccination. A few people may have no side effects at all. Most people will experience pain, redness and/or soreness at the injection site. Many people will have a headache, fever, chills, muscle pain and/or fatigue from the vaccine, particularly after the second dose. A few people will have nausea or swollen lymph nodes (lymphadenopathy).

In rare circumstances the vaccine may cause a severe allergic reaction which can include anaphylaxis (difficulty breathing), swelling of the face and throat, a fast heartbeat, a rash all over the body, dizziness and/or weakness.

### What should I do if I have a reaction?

- Red, sore arm at and around the injection site:
  - ✓ Apply an ice pack to the affected area for comfort
  - ✓ If condition does not improve or worsens in 48 hours, call your physician
- Fever, achiness, fatigue, and /or headache:
  - ✓ Take acetaminophen or ibuprofen as needed
  - ✓ If condition does not improve or worsens in 48 hours, call your physician
  - ✓ Rest
- Unusual or severe reaction (for example hives, difficulty breathing, wheezing, allergic reaction, chest pain):
  - Go to the emergency room or call 911
- In addition, you may report vaccine side effects to the FDA/CDC Vaccine Adverse Event Reporting System (VAERS). The VAERS toll-free number is 1-800-822-7967 or report online to <https://vaers.hhs.gov/reportevent.html>